

GDYNIA SAILING DAYS
49er&49erFX OPEN POLISH CHAMPIONSHIPS
12-18.07.2025
Gdynia, Poland

SAILING INSTRUCTIONS

1. RULES

- 1.1 For the Medal Series, WS Appendix MR applies. It can be found under the following link: <https://d7qh6ksdplczd.cloudfront.net/sailing/wp-content/uploads/2022/12/15033532/Appendix-MR-Umpired-Medal-Racing-v2025.pdf>
- 1.2 RRS P2.1 to P2.4 are deleted and replaced by: "When a boat is penalised under RRS P1.2, her penalty shall be a One-Turn Penalty under RRS 44.2. If she fails to take the penalty she shall be disqualified without a hearing."

2. CODE OF CONDUCT [NP][DP]

All competitors and support persons shall comply with any reasonable request from an event official.

3. COMMUNICATIONS

- 3.1 An additional form of information for the sailors and the support persons will be a WhatsApp group which can be joined by the following link: <https://chat.whatsapp.com/KUVreQJT4z44UlgG2TyZ0>
- 3.2 Signals ashore will be displayed at the signal mast near the race office.
- 3.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes signal AP in Race Signals.
- 3.4 [DP] Flag D displayed ashore means: 'The warning signals will be made not less than 30 minutes after flag D is displayed. Boats shall not leave their berth until this signal is made'.
- 3.5 The race committee will communicate on VHF 72.

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted not later than 60 minutes before the race for which it will take effect, except of any change to the format or schedule of the races which will be posted by 2100 on the day before it will take effect.

5. SCHEDULE OF RACES

- 5.1 Races as scheduled as follows.

Day	No of races	First warning signal 49er	First warning signal 49erFX
Monday	3	1130	1130
Tuesday	3	1200	1200
Wednesday	3	1200	1200
Thursday	3	1200	1200
Friday	Medal Series 2 ER for not MS boats	1100	1100

- 5.2 Races not sailed on the scheduled day may be sailed on following days at the discretion of the race committee.
- 5.3 There will be a daily coaches/skippers meeting held 75 minutes (90 on Monday) before the first warning signal.
- 5.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least **TWO** minutes before a warning signal is made.

6. FORMAT AND SCORING

- 6.1 The event will consist of the Opening Series and the Medal Series for the top 8 boats of the Opening Series. Boats not qualified to the Medal Series will sail 2 "Extra Races".
- 6.2 SI Addendum 2 contains details of the format and the scoring.
- 6.3 To request correction of an alleged error in the posted races or series results, a boat shall complete and deliver to race office a scoring enquiry form.

7. CLASS FLAGS

The class flags will be as follows:

Class	Class flag
49er	Yellow with 49er insignia
49erFX	Blue with 49erFX insignia

8. THE COURSE

The diagram in SI Addendum 1 shows the course, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9. MARKS

- 9.1 Marks 1, 1s, 1p, 2s and 2p will be orange cylinders.
- 9.2 New mark for the purpose of SI 10 will be a red cone.
- 9.3 The starting marks will be race committee vessels.
- 9.4 The finishing marks will be a race committee vessel and a green cone.

10. CHANGE OF THE NEXT LEG OF THE COURSE

- 10.1 To change the next leg of the course, the Race Committee will
- lay a new mark,
 - move the finishing line, or
 - move the leeward gate.
- 10.2 If a windward gate is used, after a course change it will be replaced with a single new mark to be left to port. This changes RRS 33.

11. THE START

- 11.1 The starting line will be between the staffs displaying orange flags on the RC vessels.
- 11.2 The table in RRS 26 is replaced with:

<i>Minutes before starting signal</i>	<i>Visual signal</i>	<i>Sound signal</i>	<i>Means</i>
3	Class flag	One	Warning signal
2	P, U, or black flag	One	Preparatory signal
1	Preparatory flag removed	One	One minute
0	Class flag removed	One	Starting signal

- 11.3 A boat starting later than 2 minutes after her starting signal will be scored DNS without a hearing. This changes RRS 35 and A5.
- 11.4 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. The starting area is defined as a rectangle 50 meters from the starting line and marks in all directions.

12. THE FINISH

The finishing line will be between the staff displaying blue flag and the course side of the finishing mark.

13. PENALTIES

Penalties for breaches of SIs marked [DP], class rules, rules of RRS Part 4 Section B or RRS Appendix G are at the discretion of the protest committee and may be less than disqualification.

14. TIME LIMIT AND TARGET TIME

14.1 Following time limits and target times apply:

Race	Race Time Limit	Target time
Opening Series and Extra Races	40 min	20-25 min
Medal Series	20 min	8-10 min

14.2 Boats that do not finish within 10 minutes (5 minutes in the Medal Series) after the first boat from their fleet sails the course will be scored Did Not Finish without a hearing. This changes RRS 35 and A5.

15. HEARINGS

15.1 For each class, the protest time limit is 45 minutes after the last boat of that class has finished the last race of the day or the race committee has displayed AP or N over A.

15.2 Hearing schedule will be posted not later than 15 minutes after the protest time limit. Hearings will be held in the jury room.

15.3 A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted.

15.4 In RRS 61.2(b)(2) and 63.7(b) change 'on the last scheduled day of racing' to 'on the last scheduled day of a series'.

16. SAFETY REGULATIONS [NP] [DP]

16.1 A boat retiring from a race shall notify a race committee or safety vessel as soon as possible.

16.2 Boats not leaving the harbour for a scheduled race shall promptly notify the Race Office.

16.3 All boats must pick up the trackers from the tracking office next to the race office before going afloat and return them there every day within the protest time limit.

17. REPLACEMENT OF CREW OR EQUIPMENT [DP]

17.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.

17.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Technical Committee. Requests for substitution shall be made to the Technical Committee at the first reasonable opportunity.

18. OFFICIAL VESSELS

Official vessels will be marked as follows:

- White flag with JURY— protest committee
- Green flag with CHARLIE – race committee
- White flag with MEDIA – media.

19. SUPPORT VESSELS

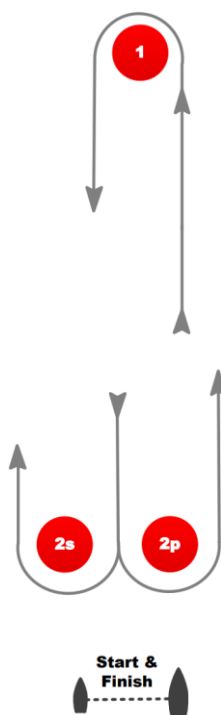
19.1 Team Leaders, Coaches and other support personnel shall stay outside the area where boats are racing, not closer than 75 from any boat racing, from the time the preparatory signal is displayed for the first fleet until all boats of all fleets have finished or the Race Committee signal a postponement or abandonment for all fleets.

19.2 In addition, support vessels that are motoring above 5 knots shall remain at least 150 meters from any boat racing.



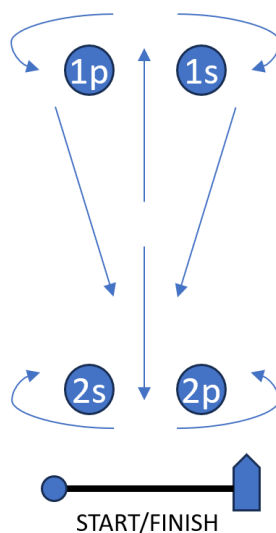
ADDENDUM 1 – THE COURSE

Opening Series:



START – 1 – 2s/2p – 1 – FINISH

Medal Series:



START – 1s/1p – 2s/2p – 1s/1p – FINISH

Organizator:



Współorganizator:



Partner Strategiczny:



Partner Główny:



Partner Motoryacyjny:



Dofinansowane przez:



Ratownik Honorowy:



Partnerzy:



Partnerzy:



Partnerzy:



ADDENDUM 2 – FORMAT AND SCORING

1. Opening Series

- 1.1 A boat's Opening Series score will be the total of her race scores except that the worst score will be discarded after 3 races are scored.

2. Medal Series

- 2.1 The Medal Series will take place on the last day of the regatta if at least 5 races have been scored in the Opening Series. Otherwise, Opening Series races will be scheduled on that day.
- 2.2 The Medal Series will be divided into three stages: Quarter-Final, Semi-Final and Grand Final. Boats advance from one stage to the other until the Grand Final.
- 2.3 The race committee may cancel the Quarter Final and/or Semi Final stages if the completion of the Medal Series is in jeopardy. In such case, boats ranked or seeded first and second in the previous stage advance to the next stage
- 2.4 The boats qualify to the Medal Series as follows:
- The first ranked boat in the Opening Series will qualify to the Grand Final carrying forward one match point.
 - The second ranked boat in the Opening Series will qualify to the Grand Final.
 - The third and fourth-ranked boats in the Opening Series will qualify to the Semi-Final.
 - The fifth, sixth, seventh and eighth-ranked boats in the Opening Series will qualify to the Quarter-Final.
- 2.5 The boats progress through the Medal Series as follows:
- The top two ranked boats in the Quarter-Final qualify to the Semi-Final
 - The top two ranked boats in the Semi-Final qualify to the Grand Final.
 - If there is a tie between two boats, they will be ranked in order of their positions in the previous stage.
- 2.6 The Grand Final
- The Grand Final will continue until one boat collects two match points. The boat with the lowest race score collects a match point.
 - Boats in the Grand Final will be ranked in the order of the number of match points, from highest to lowest.
 - If there is a tie in match points between two or more boats, they will be ranked in the order of their finishing positions in the last race. Any remaining ties shall be broken by using the tied boats scores in the next-to-last finals race and so on. If a tie remains, they will be ranked in order of their opening series ranking. This changes RRS A8.

3. Final Rankings

- 3.1 The winner of the Grand Final is the winner of the event. All others are ranked as follows:

Event Rank

- 1 1st place Grand Final
- 2 2nd place Grand Final
- 3 3rd place Grand Final
- 4 4th place Grand Final
- 5 3rd place Semi-Final
- 6 4th place Semi-Final
- 7 3rd place Quarter-Final
- 8 4th place Quarter-Final

Organizator:



Współorganizator:



Partner Strategiczny:



Partner Główny:



Partner Motoryacyjny:



Dofinansowanie przez:



Patronat Honorowy:



Partnerzy:



