

2026 49er&49erFX
OPEN POLISH CHAMPIONSHIPS
10-13.09.2026
Gdynia, Poland

SAILING INSTRUCTIONS

1. RULES

- 1.1 For the Final Series, WS Appendix MR applies. It can be found under the following link:
<https://d7qh6ksdplczd.cloudfront.net/sailing/wp-content/uploads/2022/12/15033532/Appendix-MR-Umpired-Medal-Racing-v2025.pdf>
- 1.2 RRS P2.1 to P2.4 are deleted and replaced by: "When a boat is penalised under RRS P1.2, her penalty shall be a One-Turn Penalty under RRS 44.2. If she fails to take the penalty she shall be disqualified without a hearing."

2. CODE OF CONDUCT [NP][DP]

All competitors and support persons shall comply with any reasonable request from an event official.

3. COMMUNICATIONS

- 3.1 An additional form of information for the sailors and the support persons will be a WhatsApp group which can be joined by the following link:
<https://chat.whatsapp.com/ByBqV9BppaRFkl4KISpoav?s=cl&p=a&mlu=4&ilr=4>
- 3.2 Signals ashore will be displayed at the signal mast in Marina Gdynia (the one closest to the gate).
- 3.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes signal AP in Race Signals.
- 3.4 [DP] Flag D displayed ashore means: 'The warning signals will be made not less than 30 minutes after flag D is displayed. Boats shall not leave their berth until this signal is made'.
- 3.5 The race committee will communicate on VHF 72.

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted not later than 60 minutes before the race for which it will take effect, except of any change to the format or schedule of the races which will be posted by 2100 on the day before it will take effect.

5. SCHEDULE OF RACES

- 5.1 Races as scheduled as follows.

Day	No of races	First warning signal 49er	First warning signal 49erFX
1 - Thursday	4	11:30	11:36
2 - Friday	4	TBA	TBA
3 - Saturday	4	TBA	TBA
4 - Sunday	Final Series	TBA	TBA

- 5.2 Races not sailed on the scheduled day may be sailed on following days at the discretion of the race committee.
- 5.3 There will be a daily coaches/skippers meeting held 75 minutes (except from Thursday) before the first warning signal.

6. FORMAT AND SCORING

6.1 The event will consist of:

6.1.1 Qualification Series: 3 days.

6.1.2 Final Series: will consist of Final race 1 and Final race 2.

6.2 SI Addendum 2 contains details of the format and the scoring.

6.3 To request correction of an alleged error in the posted races or series results, a boat shall complete and deliver to race office a scoring enquiry form.

7. CLASS FLAGS

The class flags will be as follows:

Class	Class flag
49er	Yellow with 49er insignia
49erFX	Blue with 49erFX insignia

8. THE COURSE

The diagram in SI Addendum 1 shows the courses, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9. MARKS

9.1 Marks 1, 1s, 1p, 2s and 2p will be yellow cylinders.

9.2 New mark for the purpose of SI 10 will be a red cone.

9.3 The starting marks will be race committee vessels.

9.4 The finishing marks will be a race committee vessel and a yellow cylinder.

10. CHANGE OF THE NEXT LEG OF THE COURSE

10.1 To change the next leg of the course, the Race Committee will

- a) lay a new mark,
- b) move the finishing line, or
- c) move the leeward gate.

10.2 If a windward gate is used, after a course change it will be replaced with a single new mark to be left to port. This changes RRS 33.

11. THE START

11.1 The starting line will be between the staffs displaying orange flags on the RC vessels.

11.2 A boat starting later than 2 minutes after her starting signal will be scored DNS without a hearing. This changes RRS 35 and A5.

11.3 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. The starting area is defined as a rectangle 50 meters from the starting line and marks in all directions.

11.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 2 minutes before a warning signal is made.

12. THE FINISH

The finishing line will be between the staff displaying blue flag and the course side of the finishing mark.

13. PENALTIES

Penalties for breaches of SIs marked [DP], class rules, rules of RRS Part 4 Section B or RRS Appendix G are at the discretion of the protest committee and may be less than disqualification.

14. TIME LIMIT AND TARGET TIME

14.1 Following time limits and target times apply:

Race	Race Time Limit	Target time	Finish window
Qualification Series	40 min	22 min	10 min
Medal Series	35 min	15 min	8 min

14.2 Boats that do not finish within finish window time after the first boat from their fleet sails the course will be scored DNF without a hearing. This changes RRS 35 and A5.

15. HEARINGS

15.1 For each class, the protest time limit is 45 minutes after the last boat of that class has finished the last race of the day or the race committee has displayed AP or N over A.

15.2 Hearing schedule will be posted not later than 15 minutes after the protest time limit. Hearings will be held in the jury room.

15.3 A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted.

15.4 In RRS 61.2(b)(2) and 63.7(b) change 'on the last scheduled day of racing' to 'on the last scheduled day of a series'.

16. SAFETY REGULATIONS [NP] [DP]

16.1 A boat retiring from a race shall notify a race committee or safety vessel as soon as possible.

16.2 Boats not leaving the harbour for a scheduled race shall promptly notify the Race Office.

17. REPLACEMENT OF CREW OR EQUIPMENT [DP]

17.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.

17.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Technical Committee. Requests for substitution shall be made to the Technical Committee at the first reasonable opportunity.

18. OFFICIAL VESSELS

Official vessels will be marked as follows:

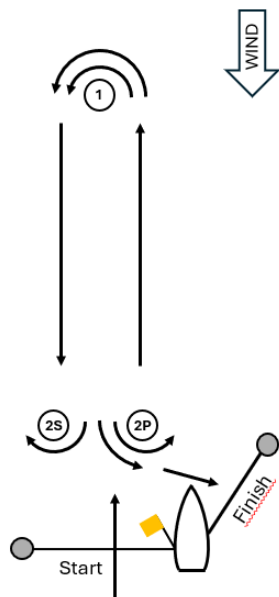
- White flag with JURY– protest committee
- White flag with RC – race committee
- White flag with MEDIA – media.

19. SUPPORT VESSELS

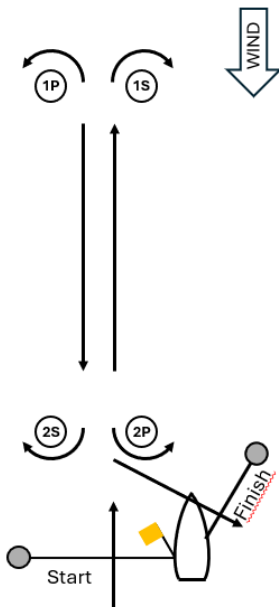
19.1 Team Leaders, Coaches and other support personnel shall stay outside the area where boats are racing, not closer than 75 from any boat racing, from the time the preparatory signal is displayed for the first fleet until all boats of all fleets have finished or the Race Committee signal a postponement or abandonment for all fleets.

19.2 In addition, support vessels that are motoring above 5 knots shall remain at least 150 meters from any boat racing.

ADDENDUM 1 – THE COURSES



Signal	Mark rounding order
LR2	Start – 1 – 2S/2P – 1 – 2P – Finish



Signal	Mark rounding order
LWG2	Start – 1S/1P – 2S/2P – 1S/1P – 2P – Finish

ADDENDUM 2 – FORMAT AND SCORING

1. Qualification Series

- 1.1 A boat's Opening Series score will be the total of her race scores except that the worst score will be discarded after 3 races are scored.
- 1.2 **Top 10** boats based on their Qualification Series scores after Day 3 will race in the Final Series.

2. Final Series

- 2.1 Final Series (Day 4) will consist of 2 races.
- 2.2 If no race in Final Series is completed, the results of the Qualification series will be the event's final results.
- 2.3 A boat's Qualification Series score plus the Final Series scores (if applicable) will be the overall points for the Championship.
- 2.4 Boats assigned to compete in the Final Series will have their Qualification Race score adjusted at the start of the Final Series as follows:
 - 2.4..1 When the scoring difference between two boats is greater than 9 points, the score of the lower placed boat will be reduced so that the difference with the boat ahead of her is 9 points.
 - 2.4..2 When the scoring difference between two boats is less than or equal to 9 points and the score of the boat ahead has been changed, the points difference is maintained by adjusting the lower placed boat's score.
 - 2.4..3 If after applying SI A2.4.1 the score of any boat is greater than 18 points more than the score of the boat in third place, the score of such boat will be changed so that the difference is 18 points.
 - 2.4..4 If after applying SI A2.4.1 and SI A2.4.2 there is a tie between two or more boats, it shall be broken by their rank with the Fleet Race score.
- 2.5 A score from Final Series will not be excluded.
- 2.6 For Final Series, RRS A8 is changed for boats competing in the Final Series, ties in the regatta score are broken by applying RRS A8.2 to the Final Series scores. If a tie remains, ties in the regatta score are broken by applying RRS A8.1 to the Qualification Race scores.